LONE GULL 10K ROAD RACE

Gloucester, MA

Measured August 31, 2018 by Len Femino

Abaian kn Start: Nautilus Rd.77 ft. northerly of gas cap at Nautilus and Harbor down Atlantic Beach 149 Atlantic Rd. 2 feet beyond 1 Mile: inter Packing wall at house, continue down Atlantic to right on Farrington 53 Farrington 11' before asphalt 2 Mile: curb approaching Greenbelt entrance, up Eastern Pt. Rd., STart take a right on Grapevine 30 Grapevine at chimney to house, 3 Mile: take a left at end of Grapevine On Atlantic after 171 Atlantic 4 Mile: after last no parking sign, later down Atlantic bear right on **Nautilus** at flag pole at Bass Rocks 5 Mile: Beach Club, take left on Bass and right on Thatcher Rd., take right At entrance to beach parking 6 Mile: lot at pole next to green shed In parking lot at end of road Finish: parallel to last boulder at marsh, 111 ft. before gate to beach START GRAPELINE magnail Gas Cap HARBOR Rd FINISH Tarrington LIHE 111.5 w/ mag Nail GATE POST **USATF Certification #MA/18023IK** TO BEACH Effective 9/10/2018 - 12/31/2028

Drop 0.20 m/Km, Separation 4.02%

USATE