



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course 2022 Spirit of Recovery 5K Road Race Distance 5 km
Location (state) NH (city) Dover
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Bob Kennedy - 18 Riverview Road - Durham, NH 03824 - (508) 577-4105 - osprey02554@yahoo.com
Race Contact Heather Blumenfield - Triangle Club, 120 Broadway, Dover, NH 03820 - 603-742-9803
Date(s) when course measured: 02/24/2022
Number of measurements of entire course: 2 Course Configuration: complex of different loop
Elevation (meters above sea level) Start 25.00 Finish 26.00 Lowest 15 Highest 45
Straight line distance between start and finish 155.0 m Drop -0.20 m/km Separation 3.10 %
Type of surface: Paved 100.0% Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: March 22, 2022 Certification code: NH22003BK

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2032**

AS NATIONALLY CERTIFIED BY:

Date: March 22, 2022

Bob Kennedy - USATF/RRTC Certifier - 18 Riverview Road, Durham NH 03824
(508) 577-4105 - osprey02554@yahoo.com

